

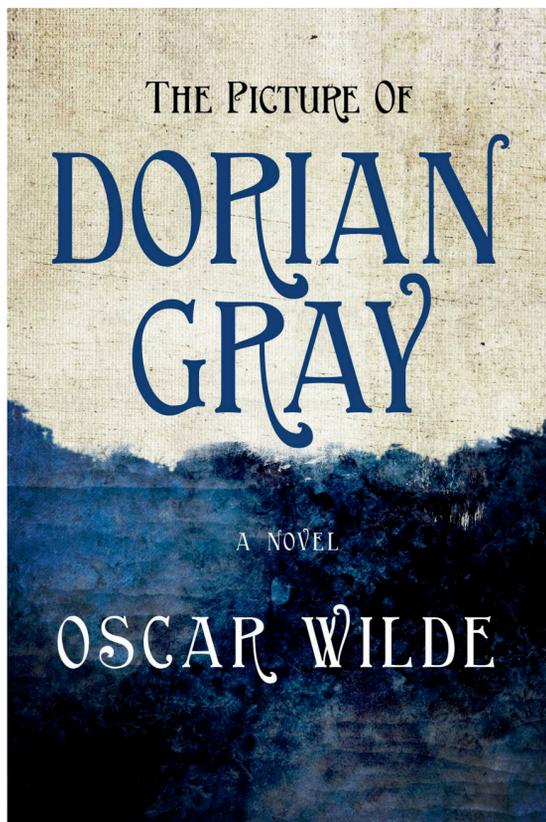
THE TRAIL TRIBUNE

Book of the Month
Bakery Item of the Month
Pet of the Month

Teacher of the Month
Staff of the Month
Lunar New Year

Breakfast of Champions
Start of Semester 2
Celebrating Ramadan

Creative Writing Feature
Tales from the Trail
Student Voice



Book of the Month



Written By: Noor
Edited By: Mehraal

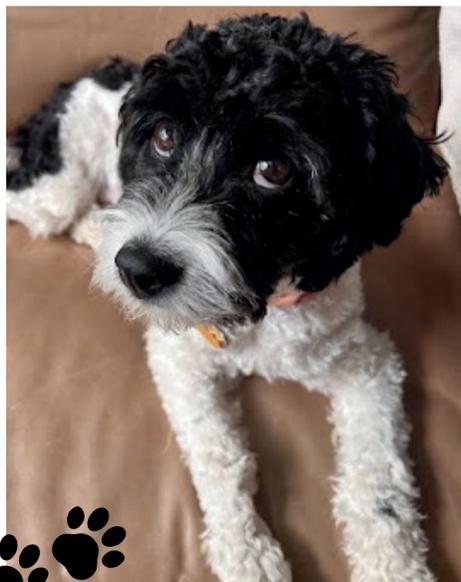
First published in 1890, The Picture of Dorian Gray occupies a distinctive place in English literature as a Gothic novel, as well as a philosophical critique of late-Victorian society.

Oscar Wilde wrote the novel during a period marked by strict moral codes and an intense preoccupation with appearances, a tension that the text repeatedly exposes and interrogates.

The story follows Dorian Gray: a young man whose physical youth remains untouched by time while his portrait bears the visible consequences of his choices. This premise allows Wilde to explore themes of influence, self-deception, and moral evasion with unusual subtlety. Rather than relying on overt moral instruction, the novel examines how character is shaped gradually through rationalizations, aesthetic ideals, and the quiet acceptance of ethical compromise.

Wilde's prose is controlled and incisive, using sharp dialogue and carefully constructed scenes to probe questions of responsibility and restraint. The novel raises enduring questions about whether beauty and intellect can exist independently of responsibility, and whether a life devoted to pleasure can remain free of consequence. As one of the novel's most famous lines declares, "The only way to get rid of a temptation is to yield to it." The statement is both alluring and unsettling, encapsulating the moral tension at the heart of the book.

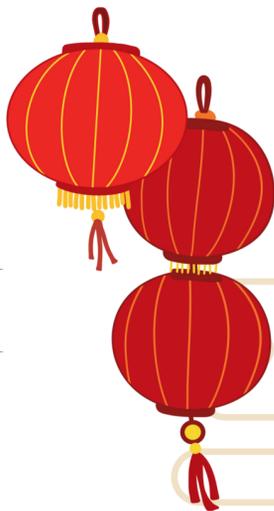
Before reading The Picture of Dorian Gray, it is worth asking: If the visible costs of our actions were removed, what would remain to restrain us, and what would that reveal about who we are?



PET OF THE MONTH

Written by: Sanaa

Meet Banksy! Named after the street artist and political activist, his soft and fluffy fur scored him a spot as the face of the Calgary Humane Society. Banksy is an extroverted Cavapoo (½ Cavalier King Spaniel and ½ Poodle) and he loves playing fetch and running around the park!



Cookie Of The Month XING REN BING

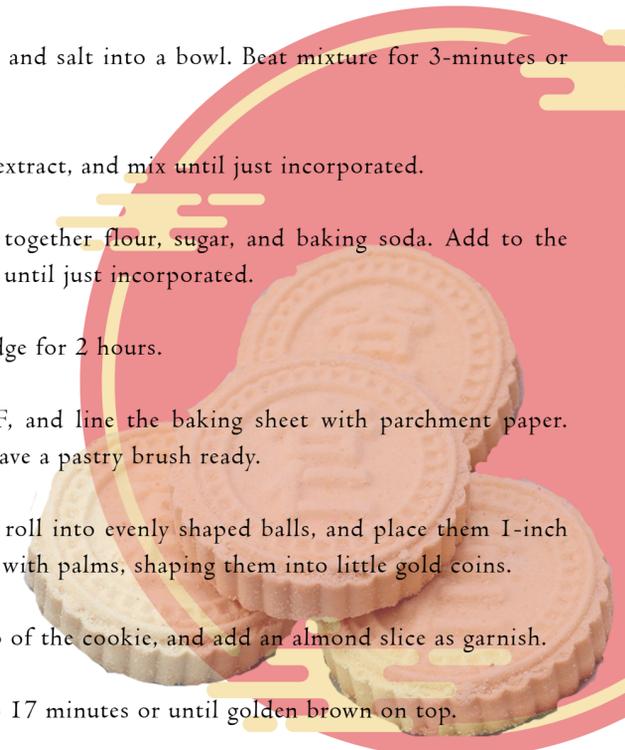
The cookie selected for the month of February is the Chinese almond cookie, in honor of the Lunar New Year! The Chinese almond cookie, 杏仁饼, (xìng rén bǐng in Mandarin) is a traditional cookie eaten most commonly on lunar new years, often gifted to family and friends to celebrate a brand new year. These delicate cookies symbolize the shape of a gold coin, which is said to bring good fortune and wealth into the year ahead!

Instructions

1. Mix almond flour, butter, and salt into a bowl. Beat mixture for 3-minutes or until coarse and chunky.
2. Add one egg and almond extract, and mix until just incorporated.
3. In a separate bowl, mix together flour, sugar, and baking soda. Add to the other flour mixture, and mix until just incorporated.
4. Chill the dough in the fridge for 2 hours.
5. Preheat the oven to 325 F, and line the baking sheet with parchment paper. Beat one egg in a bowl and have a pastry brush ready.
6. Take pieces of dough and roll into evenly shaped balls, and place them 1-inch apart. Press down the dough with palms, shaping them into little gold coins.
7. Brush the egg wash on top of the cookie, and add an almond slice as garnish.
8. Bake the cookies for 15 to 17 minutes or until golden brown on top.
9. remove and allow to cool on the baking sheet.

Ingredients

- 1 and ⅓ cups almond flour
- 1 cup unsalted butter
- pinch of kosher salt
- 2 eggs
- 1 teaspoon almond extract
- 1 and ¾ cups all-purpose flour
- ½ cups baking soda
- sliced almond for garnish



THE TRAIL TRIBUNE

Interviewed by Elisa and Jennifer
Written by Jennifer. Edited by Elisa

MR. LYCHAK ^{King} Teacher of the Month

The teacher of the month is Mr. Lychak, who teaches ELA at North Trail. A reader at heart, Mr. Lychak is afflicted with the condition of being unable to settle on a single favourite book, as all avid readers are. Instead, he has several novels that continue to resonate with him long after the last page has been read. A few of his favourite novels to revisit are George Orwell's 1984, A Fine Balance by Rohinton Mistry, The Baroque Cycle series by Neal Stephenson, and Henry Miller's Tropic of Cancer. If he had the chance to read any book in the world, Mr. Lychak would love to get his hands on an original Shakespearean folio and ruminate over text written by Shakespeare's own hand.

In his youth, Mr. Lychak dreamed of becoming a cowboy, a fireman, or a ninja. Later on, he considered becoming a professional artist or joining the military. Though he entered university with the goal of playing football, he was soon faced with the decision of how he would spend the rest of his life. When considering what to do next, "the people who have had an impact on my life, teachers, and school kept coming up." In reflection on his father, Mr. Lychak knew he was unsuited for an office-based job because he "dreaded ending up in a cubicle in a tie." Eventually, he gravitated toward teaching, drawn by the blend of his love for reading and the spontaneity of each day.

How Mr. Lychak came to call Calgary home is a story intertwined with his journey of becoming a teacher with the CBE. Although he was born in the port city of Hamilton, Ontario, Mr. Lychak and his family often moved around Canada. He has lived in the cities of Burlington, Ottawa, Mississauga Ontario, Edmonton Alberta, and out west in South Surrey, British Columbia. After graduating from Teachers' College in Ontario with his then future wife, Mr. Lychak taught in James Bay for three years. In search of new opportunities, Mr. Lychak and his partner returned to their hometowns under the promise that whoever received a contract first, the other would move to join them. Times were tough; approximately 78 job applications were sent out before they were interviewed and hired by the CBE. To get to the interview, Mr. Lychak braved driving in a "blinding whiteout blizzard" over a distance of around 70 kilometres. Although they had zero connections in Calgary, Mr. Lychak and his partner took the leap and have since called Calgary home for over 18 years.

A general piece of life advice Mr. Lychak would like to share with the students of North Trail is that, "You don't have to play the hand you were dealt. You, in fact, get to create the hand that you play." He highlights that people have unlimited potential if they do not allow themselves to be bound by the system, which he supports with the quote, "You're not a drop in the ocean; you are the ocean in a drop." In terms of ELA advice, Mr. Lychak noted, "you have to keep plugging away and working at it." The advice comes from when, after complaining about a 14-hour shift shovelling asphalt in the summer, his father told him, "Look, son, you don't have to love it. You just have to do it." While he understands that ELA is not everyone's forte, Mr. Lychak emphasizes that some things need to be done out of necessity and not solely because one enjoys doing them.

In his own words about North Trail: "I love the sense of community here as soon as I walk into the building... It feels, again, like home. It feels very accepting. Everyone is very enthusiastic in terms of what they do. It's a very positive place. I can have a poor sleep, get stuck in traffic, forget my bank card at home... You know, all these things can happen, and then you kinda walk in here, and everything, it feels good."

EVERYBODY WANTS TO BE
MR. LYCHAK ^{King}



SUPPORT STAFF INTERVIEW

Edgar Pascual



Our selected interviewee is Edgar Pascual, our school's senior facility operator, who was born and raised in the Philippines. He moved to Canada with his family in 2010, undergoing a significant culture shock due to the substantial adjustment to the cold weather in Canada compared to the humidity of the Philippines. He initially planned to live in Vancouver alongside his relatives; however, he moved to Calgary due to a recession that made it challenging to find a job at the time.

Prior to working at North Trail High School, Edgar worked in a hotel under Starwood Canada for 2.5 years. Later, he secured a full-time custodial position with the Calgary Board of Education before enrolling in a boiler course in power engineering. Upon passing the course exam, he became a facility operator at Twelve Mile Coulee School, a private-

public partnership in which the CBE did not possess ownership of the building, and thus maintenance was overseen by another company. He eventually moved to Robert Thirsk High School, taking over the original facility operator head's role following their retirement. This was a substantial increase in workload, as he was required to oversee all maintenance himself. He utilized his firsthand experience from the Philippines to demonstrate leadership and effective management within his job.

Nowadays, Edgar thoroughly enjoys working at North Trail High School by virtue of its proximity to his home, in addition to his former encounters with various teachers at our school. His primary role is to manage the team and ensure the school is clean and conducive to learning. His previous expertise from the boiler course he completed has enabled him to ensure that heating and cooling equipment remains comfortable for students and teachers at our school.

Outside of his work at our school, Edgar partakes in a wide range of pastimes, namely basketball, tennis, and travelling. He cherishes his previous experiences travelling to Singapore due to the accessibility of communication and the cleanliness of the city. He additionally visited Hong Kong, Shanghai, and Beijing for the 2008 Olympics and aspires to visit Germany and other countries within Europe in the future.

Our interview with Edgar Pascual has highlighted his fascinating personality and experiences as a caretaker at North Trail High School, providing invaluable insight for teachers and students alike. We would like to extend our heartfelt gratitude to Edgar for everything he has done for us during his time at North Trail High School.



Written by Zen and Ayesha
Interviewed and Edited by Elisa

THE TRAIL TRIBUNE

SEMESTER 2

Written By: Zen



The kickoff of semester two has paved the way for students at North Trail High School to explore a vast array of new opportunities. Refining academic habits, partaking in extracurriculars, and making a true commitment this semester are phenomenal strategies for students to continue to pursue academic success and personal growth. Systematically managing the course load of up to 4 distinct classes can feel highly overwhelming for many. However, adopting a structured study routine and consistently striving to make gradual refinements to your study habits—both within and outside school—will yield substantial benefits in the long run. First and foremost, utilizing tools to keep track of homework, extracurriculars, and other miscellaneous tasks—most notably to-do lists—is critical to staying on top of your work and reliably planning out work and study sessions on a daily basis. An effective methodology to accomplish this is to jot down all your tasks on a physical sheet as they arise throughout your day, and organize these tasks in accordance with their corresponding subject. To take it a step further, allocating specific time-periods for these tasks with realistic time frames is immensely beneficial for enhancing time management, in addition to cultivating greater motivation and improving work efficiency. Students should aim to consistently invest a small portion of time into their courses, pinpointing and addressing their weak spots through structured, deliberate practice. Developing crucial study skills such as time management, stress management, and active engagement in learning significantly enhance work efficiency, and aid in managing coursework without feeling overwhelmed.

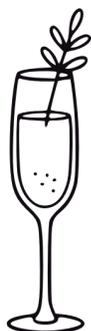
Semester two has additionally unveiled the opportunity for students to uncover their passions by engaging in various extracurricular activities and clubs that align with their interests, including Debate Club, Board Game Club, and Cozy Reading Club, just to name a few. These offer a phenomenal opportunity to interact with like-minded individuals, and invest time into meaningful participation at and outside of NTHS. Stepping out of your comfort zone and experimenting with new activities can expose you to a multitude of diverse perspectives and ideas, fostering self-growth and discovery. With Semester 2 underway, allocating time to promoting academic and personal success is intrinsic to overall wellbeing. However, it is paramount to also support other students along their journey, and strive to make a genuine effort to be compassionate and empathetic. Even a small act of kindness can truly change someone's day.

Brunch Of The Champions

Written and Photographed by
Vala and Mr. Mo



Brunch of the champions took place on January 26th. It went from 11:30 - 12:30. Brunch of the Champions is a morning event where teachers can invite a student from any of their classes that have inspired them. These students have shown growth, but also are a core part of that teacher's semester. Each student got a certificate from their respective teacher. The food was made, prepped and served by our culinary program and chefs. Soups, pastry's, sandwiches and salads were laid out for the guests to freely take. Events like this are made to help teachers and students to connect with each other but also with the community.



Celebrating Ramadan

Written by: Noor

Edited by Elisa

Ramadan is the ninth month of the Islamic lunar calendar and the most sacred time of the year for Muslims. It is determined by the sighting of the new crescent moon. During this month, Muslims fast each day from dawn (Fajr, the pre-sunrise prayer time) until sunset (Maghrib, the sunset prayer time), abstaining from food, drink, and anything that invalidates the fast. Fasting in Ramadan is one of the Five Pillars of Islam (sawm, meaning obligatory fasting) and was commanded by Allah in the Qur'an so that believers may attain taqwa (deep mindfulness and awareness of God), reinforced by the Prophet's practice. Fasting is meant to be both outward (abstaining) and inward (refining character). Muslims strive to purify their speech, avoid anger, dishonesty, and harmful behavior, and increase acts of worship such as prayer, charity, and recitation of the Qur'an. The Prophet Muhammad ﷺ taught that the pre-dawn meal (suhoor, eaten before Fajr) carries blessing, and he encouraged breaking the fast promptly at sunset, traditionally with dates and water. Ramadan is therefore a period of restraint, refinement, mercy, and renewed devotion.

How did Ramadan come about?

Fasting in Ramadan became obligatory in the second year after the Prophet Muhammad ﷺ migrated from Makkah to Madinah. Allah chose this month because it is when the Qur'an was first revealed as guidance for humanity, beginning when the Angel Jibreel (Gabriel), peace be upon him, delivered the first verses to the Prophet ﷺ in the Cave of Hira. From then on, fasting this month became a fixed annual act of worship for Muslims. The Prophet ﷺ observed it every year and taught its rulings, manners, and spiritual purpose to his companions. Within Ramadan falls Laylat al-Qadr (the Night of Decree), which occurs during the odd nights of the last ten days of the month and is described as better than a thousand months of worship. On this night, angels descend with mercy and decree by Allah's permission, and prayers are especially accepted. Why is it called Ramadan?

The name Ramadan comes from the Arabic root ramad, meaning intense heat or dryness. Classical scholars explained that just as intense heat burns away impurities, this month burns away sins through sincere repentance, worship, and obedience. It reflects the intensity of devotion shown during this time, as Muslims increase prayer, seek forgiveness, repair relationships, and strive for noble character. When Ramadan concludes, Muslims celebrate Eid al-Fitr (the Festival of Breaking the Fast), thanking Allah for the strength and guidance to complete the month.

Who is required to fast? (and who is excused)

Required:

Healthy adult Muslims who have reached puberty

Excused (out of mercy and preservation of health):

Prepubescent children (not yet religiously accountable)

The elderly whose health would be harmed by fasting

Those with illness where fasting would worsen the condition or delay recovery

Travellers facing hardship during travel

Pregnant or breastfeeding women if fasting may harm them or the child

Women during menstruation or post-natal bleeding

Making up missed fasts:

Those temporarily excused (such as illness, travel, pregnancy, menstruation) make up the missed days later when able, before the next Ramadan.

Those permanently unable to fast (such as the very elderly or chronically ill with no hope of recovery) do not make up fasts but instead provide fidya (feeding a needy person for each missed day).

Children are encouraged to practice gradually but are not sinful if they do not fast.

How others can be supportive:

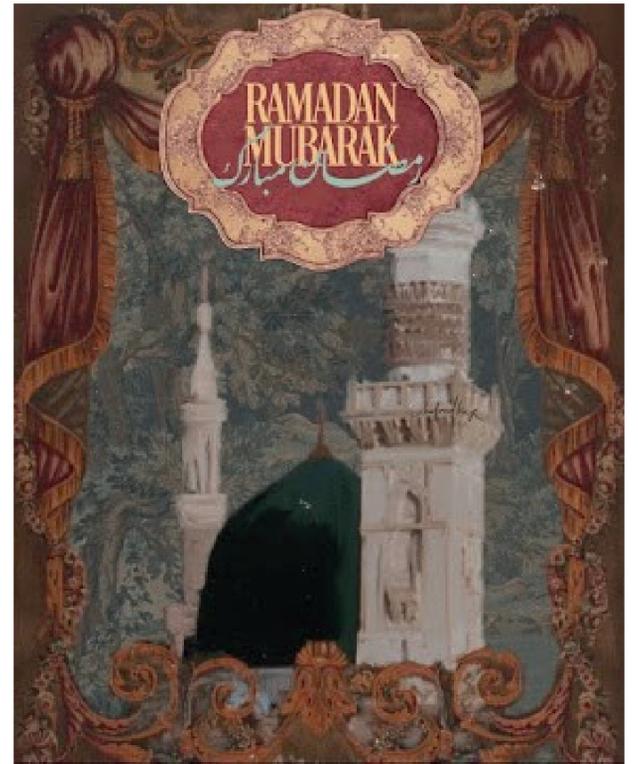
Show discretion when eating or drinking around fasting classmates

Understand that energy levels or concentration may be lower

Offer patience, kindness, and inclusion

Invite Muslim friends to social events after sunset (Maghrib)

Respect prayer times and religious practices



2026 LUNAR NEW YEAR

Written by: Aaron

The delicate, floral scent of fragrant incense. The warm glow of dēnglong lanterns filtered through red silk and age-old blessings. The cacophony of fireworks erupting in an asymmetrical, yet majestic choreography. When visualizing these in your head, what celebrations come to mind?

As the first new moon of the lunisolar calendar befalls nations and communities scattered all across the Asia-Pacific, the Year of the Horse is being welcomed with lively bursts of red, fortune, and prosperity. Called Chunjie (春节), or the Spring Festival in China, Tết in Vietnam, Seollal (설날) in Korea, along with many more titles and names in many more cultures, the essence of Lunar New Year changes vastly in tone and texture within each community, nonetheless celebrated with the exact same vigour and vitality, regardless of geographical bounds.

In China, Taiwan, and many other countries in the Sinosphere, houses, and clothes are decorated with auspicious colours such as red and yellow, where exuberant firecrackers, fierce lion dances, and ethereal dragon dances ward away evil spirits together with a timeless vivacity lasting for over a millennia. Families honour ancestral lineages, offering food and joss paper to welcome in a prosperous year. In Korea, families eat tteokguk (rice cake soup), symbolizing purity, longevity, and prosperity, signaling a fresh start to the year, free from the struggles of the former year, alongside cleaning and visiting ancestral graves. In Southeast Asia, specifically Viet Nam, families prepare banh chung, sticky rice cakes wrapped in banana leaves, fundamental for the celebration of Tết, along with visiting temples to beckon prosperity into one's life: Ha Noi's Ngoc Son temple during Lunar New Year is quite overcrowded as a testament to this fact. Additional communities all across India, Malaysia, Singapore, Thailand, and many more countries have vibrant celebrations, all boasting a rich bond between sacred, enduring traditions, communal bonding, and joy.

Regardless of whether you welcome the new year with fiery dragons, hearty tteokguk, or in stone temples, Lunar New Year holds a special significance throughout the Asia-Pacific region, alongside providing a semblance of home in countless Asian diaspora communities while thousands of kilometers away from family and belonging. Through reconciling with family and friends over the dinner table, with chopsticks, gossip, and laughter reaching over each other in a messy choreography, or lighting incense in the sultry family altar to ancestors nurturing generations of wisdom and tradition, Lunar New Year presents itself not as a mere festival, but as a sacred reunion of culture and community.

新年快乐, 새해 복 많이 받으세요, Chúc mừng năm mới, and Happy Lunar New Year to North Trail High School!

The NTHS Asian Cultural Club will be hosting various activities and events during duration of Lunar New Year.



THE TRAIL TRIBUNE

CREATIVE WRITING

Written by Laura L. and Wilson W.
Edited by Wilson W. | Interviewed by Muhammad A.



Have you ever dreamed of publishing your own writing, whether it is a fantasy novel, mystery fiction, beautiful poetry or a journal article in your own voice? Whether you want to be trained as a successful author or are simply looking to become a more confident, expressive writer, Creative Writing and Publishing could be a good option for you.

Some students may think that you have to be a genius in ELA or have amazing vocabulary in order to take Creative Writing. This is not true. The difference between ELA and Creative Writing is that ELA focuses on reading and analyzing texts (aka consuming text), while Creative Writing focuses on creating your own original voice. Creative Writing student Leah C says, “The class gave me a place to work on my ideas and my projects as well as develop my skills. It helped me become more committed to my writing and find more inspiration.” You don’t need to have high marks in ELA to be successful in Creative Writing. Some of our strongest creative writers started with no experience in writing, but with the confidence and practice they gained from Creative Writing their ELA grades improved. Whether you are already a passionate writer or are just beginning in that area, Creative Writing has a spot for you.

Creative Writing 15 will start from the basics and introduce you to various genres like fantasy and mystery. You will also learn how to discover your own voice and write in an original way. In Creative Writing 25, you will learn how to develop your characters and settings in a compelling way and dive further into subgenre studies.



Starting in Creative Writing 25, you will get to start the long term writing, planning, and drafting of your very own work. In fact, some CWP 25 students last semester have successfully completed their long-term drafts and even self-published them in their beautiful books! “Creating a portfolio of long term work was really fun and personal. It was great to be able to use my own ideas and thoughts for something so large,” one student says. All along the way, you will learn valuable, transferable skills like collaborating with your classmates and how to present your work in the publishing world.

According to Wilson W, a student who took Creative Writing last year, taking Creative Writing 15 really helped him to grow as a writer. He says that “As a poet, it has helped me to refine my craft, sharing my work with different people and discussing it”. He also mentions that hosting a workshop with Wakefield Brewster, a Calgary’s former poet laureate, on how to write contemporary poetry was such a fantastic experience. Another student, Muhammad A, said that he especially enjoyed the speculative fiction project, where he and other students had a chance to write stories set in different worlds: “I was able to refine my world-building skills and write those stories in a completely different world (post-apocalyptic, dystopian, etc).” Creative Writing 25 student Cara B said, “As a writer, creative writing 25 gave me a chance to develop my own style and voice while exploring topics and themes I was interested in, while receiving encouraging and supportive feedback from my teacher and peers.” She also noted that “Projects felt like they were done for fun, rather than for a grade.” Other students who were interviewed described Creative Writing as a place where they could receive encouraging, constructive feedback and grow confidence in their own style.

An exciting news is that CWP35 will be offered for the first time at North Trail next year since they will have a group of students who are eligible to take that course. In Creative Writing 35, students are expected to complete their original writings in their favorite genre that they started in CWP 25 and will learn how to publish their work by the end of the course. CWP 35 will teach you how to edit your work according to editing and publishing standards, as well as refining your writing skills.

STUDENT VOICE



Is AI killing our creativity?

INTRODUCTION - Wilson W.

Is AI killing our creativity?



Truthfully, all technology is a kind of tool. As with all tools, there are harmful uses and beneficial uses. AI is spelling out amazing potentials in accessibility, scientific research, and statistical analysis. It will continue to be a lasting and growing part of our futures, defining a new kind of age and forever changing our relationship with technology. Of course, many overzealous companies and individuals have caused some heavy problems with the misuse of AI as well. Its integration and implementation has outpaced regulation in our schools, environment, and workplaces. More increasingly than ever, AI is becoming commercialized with that same algorithmic distortion that informs our hedonistically-exploitative social media platforms in recent years. It has never been more important for us to start better regulating our relationship with these technologies. For artists and writers like myself, AI possesses a double-edged prospect for us. It can help us innovate, organize, and improve. On the other hand, it seeks to replace our jobs, uniqueness, and very creative essence. In an age where human stories and artificial ones murk and blur into one another, the value of our own creativity is at risk.

How do we differentiate our humanity from our technology, and how can we develop a healthy relationship with AI?

For this issue, our complex and paradoxical dependency on AI is explored by our very own student writers. Read for yourself below what the students of North Trail really think about AI.

Irreplaceable - Ayesha Z.

AI, our English teacher's favorite subject and a high school student's favorite tool. Jokes aside, although AI is definitely a largely accessible resource that may help people with a basic understanding of a topic, it's still fairly simple. Sure, we can use AI to generate pictures or construct arguments for a debate competition, for example, but it mostly presents the obvious points. ChatGPT's OpenAI can sound smart, but it misses the deeper parts of what it's discussing, and what actually makes a piece of writing special, that being creativity and passion. AI uses pure logic and cannot be anecdotal because it doesn't share the real experiences that humans have. People might start relying on AI too much for projects or even answers to simple questions instead of learning how to think and create on their own, and even creating trust issues in English classes. But the reason it's so easy to detect AI is that there's a creative touch people often include in their stories or answers, a type of writing only humans can replicate. Now, not everyone is as creative as the next person, but we have our own style, thoughts, and words to communicate ideas and share our experiences. Even simple things—like how to use punctuation or when to play with language—AI doesn't fully get (actually, maybe let's avoid em dashes). Although AI is a great place to start writing or help come up with ideas, it will never replace the human side of creativity, the trial and error, or the unique styles and ideas that make something truly original. In my opinion, yeah, AI can help or produce the very mundane, basic parts of a piece, but you still need to know what you're doing to make anything truly interesting.

Daimonions - Jennifer Z.

Socrates, the celebrated father of Western philosophy, had many ideas. His legacy extends beyond his quote, "an unexamined life is not worth living." Not only did he develop the Socratic method of questioning, but his theories on ethics and epistemology have also shaped the way we approach questions of existence and knowledge. Socrates claimed his source of creativity came from a divine voice within him called a 'daimonion'. The voice fostered Socrates' critical thinking and directly aided in his coming up with ground-breaking philosophy. In the rapidly changing world of technology, we have forsaken our own inner daimonions for generative artificial intelligence. Instead of developing ideas through reflection, creativity comes in the form of feeding a prompt into a generative artificial intelligence model. The actual 'thinking' work that comes with producing something new is now done by a computer system that can spit out ideas in seconds. Can an idea still be considered one's own if one generated the idea through AI? A reason why Socrates is so widely respected is that he was able to independently come up with and express original ideas that no one around him could. The next Socrates will not be celebrated for inputting a magic prompt into AI and generating a response that, in its most basic form, is a glorified conglomeration of Reddit posts. When we feel the temptation of AI-generating CRT ideas, we must turn to our daimonions for creativity.

THE TRAIL TRIBUNE

Trail SPORTS



Written by Irelan
Edited by Mehek and Nia



Photo Taken By Yearbook Members

The Nighthawks JV girls basketball team had the opportunity to go to the Hoops and Feathers tournament. Although they didn't end up with the results they hoped for, this tournament was a great learning experience and an opportunity to help re-focus the girls into the new semester. Ever since then they have been consistently putting effort into the court and in practice. We are incredibly excited to see where they go this season.

The SR girls basketball had a challenging start but they have been improving tremendously in each game, showing real determination and skill. The bond and support they have for each other is admirable, and we are ready to see their teamwork translate even more through upcoming games.

Leading to the JV boys, although it's been a small battle on the court. We are able to see their passion and commitment for the game. The more they play, the better they get.

Finally our SR boys. The hustle and might they have shown is incredible. They have started off their season with great dedication and love for their sport. We are ready to see how far where our JV and SR boys will take this season.

Other sports just starting up are badminton, wrestling, and curling. We are excited to follow their seasons and wish them all the best.



Photo Taken By Yearbook Members

NTHS Debate



Written by Mehek
Edited by Irelan and Nia



Congratulations to our debate team! This year, our team has achieved great success, reaching provincials and winning lots of medals through hard work and dedication. The debate club has about 25 members, and 12 to 13 students participate in each competition. Debates take place once a month. Although that's not it, we still have a long and exciting journey ahead. Even though the club was only recently founded, we already have a strong history. Last year, our beginner team of Grade 10 students won provincials, and we are proud to have reached that level again this year. Debate club runs every year, and we also have a Team Culture Club that is open to anyone who would like to join.



THE TRAIL TRIBUNE

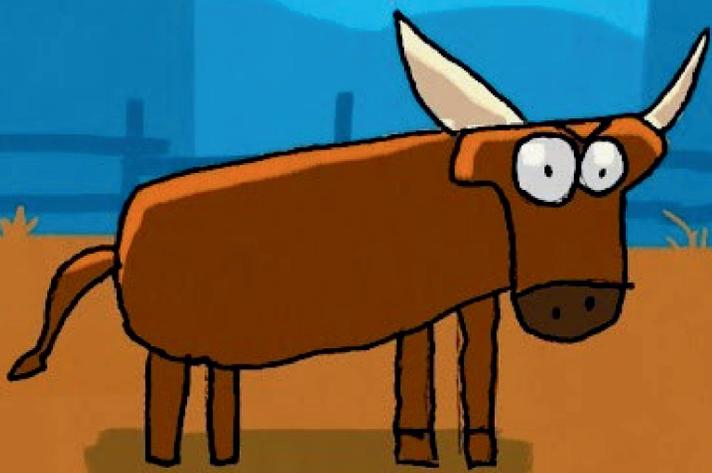
DEBATE PHOTO DUMP!!!



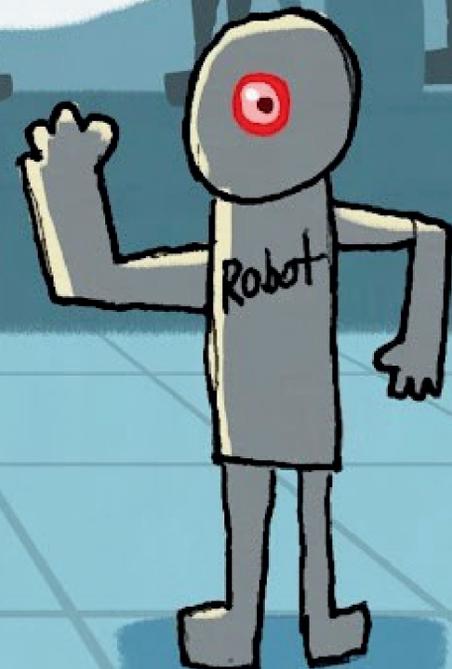
Inevitable Job Loss

by savya

Man, these new tractor machines will put me out of a job!



These clankers and AIs like ChatGPT will take my job away!



THE TRAIL TRIBUNE

Oxford defines creativity as, "the use of skill and imagination to produce something new or to produce art." One definition, one perspective, and ironically not exactly a 'creative' capture of the word, creativity, itself. Creativity is much more than a broad definition or just a single sentence. This month, I, Ayesha Zafar, chose to explore what creativity truly entails and how students at North Trail understand and embody it. By speaking with classmates, and other students, I asked two simple questions: "What does creativity mean to you?" and "How do you express your own sense of creativity?" The responses I got offer a more abstract and modern depiction of what creativity means within our school community.

"It's something that comes from me, something that comes from inside of you. Something that you've made up on your own or sometimes it can be something that comes from other people. It's about possibly taking another way if you think of something better. Usually I get creative, sometimes by music, sometimes by other artists and sometimes by media. Sometimes the stuff I watch I get inspired and creative, and I get that creative feeling."

"Creativity means the way a person expresses themselves through various art forms and media forms. Through social ways too, it's not limited. Creativity is limitless and it's kind of unique."

"Creativity is using your ideas and your own experiences to create new media."

"Being authentic to your true self, and your own thoughts. I like to meet a lot of people and get to know them. Listening to their perspective, I think that builds creativity in me because it helps me understand the world better. It's how I interact and meet new people."

"Creativity means to me is learning from other people's experiences. Being an empathic person and really understanding what someone else's perspective is because being creative isn't just like painting and doing art and like writing, being creative is being able to explore different ideas and perspectives in my opinion. I think as students, one way to get creative is definitely reading. One thing is that we don't read as much anymore, and we need to improve that as well."

"Just doing stuff that you like and expressing. I like to crochet."

"Not taking ideas from ChatGPT."

"Creativity is expressing yourself in a way that's unique to you."

"A state of mind that lets you express yourself. I get creative by doing things and reflecting on myself and I do art."

"Creativity means to me being able to express your unique values and have a different mindset as others and like kind of be your own person and be your own person and show your own morals. I express my creativity through a lot of hobbies and passions and projects, and just anything that shows my morals and beliefs, projecting them."

"Creativity is how one exhibits their sense of self. I get creative by the things I do."

"So creativity, it's about when you see a challenge or problem you approach it in a way that others wouldn't think of. Personally, I don't get creative."

What does
creativity mean
to you?

"I think it's something created from your personality and you can be creative in many ways whether it's with art or sports or the ways you study too is very creative. Like people will make flashcards or try memorizing things. Creativity doesn't have a strict definition."

"I like writing poetry and short stories to get creative."

"Music helps me get creative because it helps me bring ideas, and it depends on the type of music. If I listen to a particular type of music then I have a particular mood and then I put that into whatever I'm doing."

"Spontaneous art and it comes out naturally and it just feels right."

it helps me understand the world better. It's how I interact and meet new people."

"It means expressing yourself in everything you do so that people can see your perspective. I look to people that inspire me like the wonderful teachers in this school to be more creative."

"Creativity means as a concept, unique perspectives and views that help influence different actions that are distinguished from others. I get inspired to get creative. Inspiration mainly due to like cultural influences and the people around us. Societal influence and basically any external influence. That's what gives me inspiration to do things."

"Expressing your individual self. I like putting together cute outfits or doing fun makeup."

Interviewer: Ayesha Zafar
Writer: Ayesha Zafar