



NORTH TRAIL SCHOOL COUNCIL MEETING MINUTES

APRIL 9, 2025 6:30PM – NTHS STAFF ROOM

Attendees: Stephanie Bissky, Mike Bester, Breanne Lomon, Arti Singh, Elaine Cohen, Wilma Wong, Sara Moores, Maria Kwan, Scott Murayama, Mike Maher, Hasina Zaki

Call to Order

- Meeting was called to order at 6:36 PM by Stephanie.
- CBE Land Acknowledgement was displayed for members to read.
- Amendments to Agenda
 - Addition 2B Muster point & emergency exits
 - Addition 3B Sports Performance funding request presentation
- Motion to approve the amended agenda by Sara, 2nd Maria. No one opposed, motion carried.
- Motion to approve the minutes from Dec 4, 2024, Feb 2025, Mar 5, 2025 by Sara, 2nd Elaine. No one opposed, motion carried.

Presentation of School Mascot - Mike Maher

- Flocky's jersey will have #23 to represent the year the school opened, Blackfoot name will also be on the bottom of the jersey. Shorts are built in, but the jersey can be changed for different events such as orange shirt day.
- Has parade quality footwear which is smaller and allows for easier and safer movement in areas such as the bleachers. Cooled vest and a fan in the head for comfort.
- Students that wear the mascot suit will remain anonymous. The person who wears it the most will wear the feet under their grad gown to reveal their identity.

Sports Performance Funding Request - Mike Maher

- Wellness funding request is for equipment for the Flight Deck which is used by students and staff before, during and after school.
- Dashr Jump System \$800 USD, 5-6 year lifespan, low maintenance costs
 - Used to measure vertical jump, approach and the reactive strength index. Currently takes 3-5 minutes per person to take measurements plus the calculation time. System will allow measurements for a whole class to be taken in 15 minutes. Will provide a metric that can be tracked over the semester more frequently.
- Currently have 6 rowing machines, 4 bike ergs and 2 assault bikes. Asking for 1 additional bike erg and 3 assault bikes so there is enough cardio equipment for ½ the class to do cardio and the other ½ strength training.
- Concept 2 Bike Erg \$1619.10. Designed with crossfit in mind.
- LifeCore Assault Bike \$1079.10/bike x 3 = \$3237.30. Air resistance bike, harder you work the greater the resistance.
- Would like to start to build a class set of 30 magnetic spin bikes. Would be a significant savings of time, travel and rentals. Each Progression Club 40 Bike costs \$2499.00. Would need to do significant fundraising, bike-a-thons, etc.



Student Leadership Report - Breanne Lomon

- Next week will be the start of a 2 week spring festival that the grade 10s are planning. Spirit days will include a carnival, western day, Adam Sandler day, Kahoot
- Grade 11 & 12 will be running the pep rally which has been moved to April as May gets busy with exams.
- Group of students will be heading to Coventry Hills School at the end of April and Northern Lights School in May to help with their family dances.
- This Friday holding a Holi colour festival again. 35 students last year hoping to have many more this year. Lots of students have been asking for it.
- Mother's Day weekend a group of leadership students will be heading to Strathmore to participate in the Alberta Leadership Conference. They were able to bring the cost to attend to under \$200/student.
- 4 students will be attending the Canadian Leadership Conference in October. Cost is \$1700/student. Will be applying for a grant to help offset the cost.

Principal Report - Mr. Mike Bester

- Caretakers are back!!!
- Successful performances of Alice In Wonderland. Were able to perform for both Nose Creek and Captain Nichola Goddard students.
- Dance team will be performing in the Eastside Dance Competition
- Teachers and students along with the City of Calgary will be hosting a fundraiser for the foodbank called Empty Bowls. Bowls painted by our art students will be auctioned off. Culinary arts students will be preparing and serving food.
- Hosted the Provincial Debate competition April 5. Naheed Nenshi attended. 2 of our students won the Senior Open Debate category, never been done by a new school. Ms. Fraser is an excellent instructor. 50 leadership students helped support.
- Wrestling team placed in the top 10 in the province. Had a student place 1st in cities and 2nd in the province.
- Badminton divisionals have started. Mr. Mo is very motivational and the badminton team spends the most time strength training. He has offered to shave his head if they win another banner.
- Other spring sports that have started are rugby, field hockey, boys' soccer and track.
- Girls' rugby team won their last game again Bishop O'Byrne 54 – 5
- We have U of C volunteers that are helping to support the field hockey team.
- Senior boys' soccer team is playing in Div. 1.
- Harvard & NCAA have studies that show the positive impact of activity outside of academics such as improved spatial awareness.
- RAM is coming this week, funding for 2100 students.
- Modular classrooms will be installed next week.
- We now have a SeaCan to store some of our outdoor equipment.



Key Communicator Report – Robert unavailable, read by Stephanie

- **ASCA Workshop**
 - We paid for the Effective Engagement in Your School Council workshop scheduled for May 31st but some members attended that workshop last year.
 - We have the option to transfer the registration fee to a Level 2 Individual workshop.
 - We need to provide a date that fits our schedule and maximize attendance. This is for our school community only (school council, parent society, parents of students).
 - The 3 following workshops were recommended. Based on discussion at a recent CBE hosted workshop Robert recommends the “Creating School Council Plans” to provide valuable direction for the next school year.
 - School Council Operating Procedures – create draft operating procedures relevant to our school community including the model of governance, membership, decision making, terms of office and conflict resolution.
 - School Council Policies and Practices – create draft policies in relation to communication, record keeping, fundraising, accounting, privacy, social media, conflict resolution and more.
 - Creating School Council Plans – create draft 1 year plan specifying actions, resources, outcomes and evaluation methods that will help support the school’s Annual Education Plan.
 - Stephanie suggested that we do the “School Council Policies and Practices” as we do not have anything in place.
 - Motion to transfer our registration fee to the School Council Policies and Practices workshop by Maria, 2nd Hasina. No one opposed, motion carried.
- **ASCA Virtual Spring Symposium - April 26, 9:30 am to 3:30 pm.**
 - Cost is \$95.54 + GST (plus 5% Credit Card processing fee) can be paid via the remaining ASCE grant balance of \$86.56.
 - The event will offer keynote speakers, breakout sessions, education updates, sponsor spotlights, and networking opportunities designed for maximum effect with an efficient schedule.
 - Any members of School Council can attend. Stephanie is planning to attend.
 - Motion to pay for the ASCA virtual spring symposium with the balance of the ASCE grant of \$86.56 with the remaining cost to be paid from the Nighthawks Parent Society general account by Sara, 2nd by Hasina. No one opposed, motion carried.
- **ASCA Virtual AGM – April 27, 8:00 am to 4:00 pm**
 - No cost to attend, pre-registration before 1:00 pm April 14
 - Robert cannot attend but Stephanie is planning to attend.
- **Next COSC meeting is April 23**
 - Agenda includes: Budget 2025-26 update and Capital Planning update.
 - Breakout sessions will follow.



- CBE Updates
 - CBE received approval for 10 more schools, in addition to 5 previously announced schools.
 - These 15 new schools in the next few years will only partially address current population growth, so capacity pressures will continue across the CBE.
 - National Volunteer Week is April 27 to May 3.
 - Board of Trustees needs a volunteer to serve on the Audit and Risk Committee. Need a background in accounting, business or law and relevant competencies. Apply by May 31.

Next meeting: May 7, 2025

Motion to adjourn by Wilma. Meeting adjourned at 7:58 pm.

Meeting minutes prepared by: Elaine Cohen - member

Meeting minutes approved by: Stephanie Bissky - Chair